



get the

REAL

ON LASER HAIR REMOVAL

FACTS

Are you considering laser hair removal?

Are you confused?

Can't tell the difference between one Laser Hair Removal company and another?

With so many choices available laser hair removal can get somewhat confusing.

This information has been put together by **Nad's Laser Clinic** to help you make a more informed and comfortable decision.

This guide will help you avoid the confusion and be better informed.

WHAT IS IT, AND HOW DO I BENEFIT?

LASER HAIR REMOVAL, ALSO REFERRED TO AS PERMANENT HAIR REDUCTION, IS WHERE A FOCUSED LASER BEAM SPECIFICALLY OPTIMISED TO TARGET THE HAIR FOLLICLE IS USED TO KILL THE HAIRS AT THE ROOT. THE HAIR FOLLICLE ABSORBS THE LASER ENERGY THAT TRAVELS DOWN TO THE ROOT AND DESTROYS THE HAIR FOLLICLE.

Key benefits

- Laser hair removal provides permanent hair reduction in unwanted facial and body hair for those who suffer excessive hair growth or just desire smooth, silky skin all year round.
- Aids in the reduction of unsightly and painful ingrown hairs. Laser hair removal can remove long term ingrown hairs caused from waxing or shaving, and prevent new ingrown hairs from appearing.
- There is little ongoing hair maintenance. As hair reduces, following your personalised treatment program, maintenance treatments as required are all that's needed to keep hair growth at bay.
- There are ongoing savings. For most people after initial treatments, little or no further investment is required, other than occasional maintenance.

DID YOU KNOW? NOT ALL LASERS ARE DESIGNED FOR HAIR REMOVAL

BE WARY OF IPL MACHINES

IPL (Intense Pulsed Light) was designed to treat cosmetic issues such as acne, reddened skin, pigmentation, aging and sun damaged skin.

Although not designed specifically for hair removal, it was found that the IPL energy could assist in hair reduction.

IPL's emit an unfocused or scattered light and are not pin-point accurate. Medical lasers on the other hand, emit a coherent or very focused laser beam. IPL machines can therefore cause serious damage to your skin if not operated appropriately. IPL's for hair reduction may work on some people, however additional treatments may be required to get the outcome you're looking for.

Ask the Question;

Do you plan to use an IPL machine for my Hair Removal Treatment?

EVEN THE RIGHT MACHINE COULD BE IN THE WRONG HANDS



THERE IS NO SUBSTITUTE FOR A HIGHLY TRAINED LASER THERAPIST USING BEST PRACTICE AND PRODUCTS. KNOW YOUR THERAPIST AND THEIR QUALIFICATIONS.

Ask the Question;

Are your therapists diploma qualified?

How many years Skin Therapy experience does your therapist have?

Can I see their qualifications?

Important observation: A series of medical grade Laser treatments will be required approximately 6-10 weeks apart, depending on the area treated, due to the hair growth cycle.

Effective hair removal requires the follicle to have an active blood supply. More frequent treatments at lower prices are a false saving.

Treatments at more frequent intervals suggest the equipment used may not be a medical grade laser or the laser is not being operated effectively.

In some cases hair growth can be stimulated by having treatments too frequently.

BEWARE, THE WRONG TYPE OF LASER CAN CAUSE SERIOUS DAMAGE TO YOUR SKIN

THERE ARE DIFFERENT KINDS OF LASERS. EACH LASER IS DESIGNED FOR A SPECIFIC PURPOSE, NO ONE LASER IS SUITABLE FOR EVERYBODY. MEDICAL GRADE LASERS THAT MATCH YOUR SKIN TYPE ARE BEST.

Ask the Question;

Do you use different Medical Grade Lasers for different skin types? What types are they?

Alexandrite Lasers: Used to treat fair to mid toned skin with medium to course dark hair

Nd Yag: Used to treat darker skin types with course dark hair

Diode: Used to treat fair to mid toned skin and can also treat dark fine hair, however can be much slower per treatment due to their 'spot' size or size of the head.

To achieve exceptional hair reduction you need to ensure the latest laser technology is being used, coupled with highly trained Laser Therapists.

For some clients a combination of lasers may be required. Your therapist should advise the best method moving forward for your treatment.

WHY IS A FULL CONSULTATION IMPORTANT?

AN EXPERIENCED, SPECIALIST LASER THERAPIST SHOULD GIVE YOU A PERSONALISED INSIGHT INTO YOUR LASER TREATMENT AND SHOULD ADVISE EXACTLY WHAT YOU CAN EXPECT.

Ask the Question;

Will the treatment work for me? Why? Why not?

Be very wary of a rushed consultation. Your therapist should take the time to assess your suitability for treatment.

Important observation: Therapists will discuss your skin type, hair texture, medical history and also talk about what you should expect from your Laser Treatments before you go ahead.

During this consultation the Therapist should also outline how many treatments you'll need. They will tailor a personalised treatment program to suit your needs and budget. You should not have to pay for this consultation.

IT DOESN'T MATTER WHAT PEOPLE TELL YOU, LASER HAIR REMOVAL DOES DIFFER FOR EACH INDIVIDUAL.

Ask the Question;

What is the expected outcome? According to my skin type, how many treatments will I need?

There are so many variables to be considered such as skin colour, hair thickness, hair colour, age, hormonal issues, medications, pre treatment, sun exposure and lifestyle to name but a few. These variables need to be taken into account as the success of laser hair removal will differ for each individual.

Important observation: Permanent hair reduction, performed by a highly trained and skilled Therapist utilising the latest and most appropriate medical grade lasers (not IPL) for your specific skin type and situation, can be expected after completion of a series of treatments over approximately a 12 month period at 6-10 weeks apart.

During your initial consultation the therapist should be able to tell you what reduction in hair you can expect to see. This is also important in determining what type of Laser is best suited to you.

BE WARY OF CHEAP TREATMENTS & “STOPWATCH” OR “PRODUCTION LINE” CLINICS



BE WARY OF CHEAP TREATMENTS AND “STOP-WATCH” OR “PRODUCTION LINE” CLINICS. THIS FORM OF MARKETING IS DESIGNED TO GET YOU IN THE DOOR AND COMPROMISE YOUR TREATMENTS DOWN TO A PRICE.

There should not be a time constraint on your treatment, after all, with most things in life, you get what you pay for and Laser Hair Removal is no different. It's not good value if it doesn't work or worse if you experience adverse effects.

Ask the Question;

What if it takes longer than expected?

Important observation: Your Therapist should take the time to ensure your treatment is conducted safely and professionally and tailor your individual package to suit your specific needs. Treatments should **never** be designed to meet a price point.

HYGIENE. CORRECT LASER PRACTICE IS OF THE UPMOST IMPORTANCE DURING YOUR TREATMENT.

HYGIENE? THE LASER TIP MUST BE CHANGED BEFORE STARTING A TREATMENT.

Ask the Question;

How often do you change the laser tip?

Hygiene is of paramount importance.

Important observation: Your Therapist should affix a new Laser tip before starting the treatment and this tip should be changed when treating multiple areas (for example Upper Lip and Brazilian). Throughout each treatment the Laser tip should be wiped clean to prevent hair clogging the Laser lens and affecting energy delivery.

On a large treatment area the Laser tip should be changed several times during the session.

WHEN IS THE BEST TIME TO GET STARTED?

THERE IS NO TIME BETTER THAN ANY OTHER TO START LASER HAIR REMOVAL.

However, if you want silky smooth skin in time for summer, you should start your treatments in the cooler months as you must avoid sun exposure whilst undergoing Laser Treatments.

Before a laser treatment you'll be required to shave the treatment area. Once the area has been treated you should find the hair grows at a slowed rate and is much finer. The time between each treatment is extended as you get further along with your treatment course and hair growth generally slows even more. You can shave the treated area if desired so there'll be no unwanted and embarrassing fluff in between visits.

Important observation: Be sure not to wax, pluck, bleach or tweeze the area 4 weeks before commencing treatment or anytime during treatment.

Tip: To optimise your laser treatment use a good quality exfoliator to remove the dead hair from the follicle during the course of your treatment.

Tip: Sunscreen specifically designed for use in conjunction with Laser treatment should be used to protect your skin from sun exposure

WILL IT WORK FOR ME?

LASER HAIR REMOVAL IS A CLINICAL PROCEDURE AND YOU SHOULDN'T HAVE TO TAKE A CHANCE WITH YOUR HARD EARNED MONEY.

Ask the Question;

Do you offer a guarantee?

Once you have completed the consultation, ask yourself “Do I trust this Clinic to provide the highest standard and best service for me?” If in doubt visit a number of clinics until you can answer yes to this question.

Once you've made the decision to start Laser Hair Removal, remember to ask your therapist about maintenance treatments and a lifetime warranty.

LASER HAIR REMOVAL CHECKLIST



NOW YOU'VE GOT THE REAL FACTS USE THIS CHECKLIST TO ENSURE THAT YOUR CHOSEN CLINIC TICKS ALL THE BOXES. MAKE SURE YOU ARE SATISFIED YOU'RE GETTING THE BEST TREATMENT FOR YOU.

- State-of-the-art Laser technology
- Medical Grade Lasers suited to your skin type
- Accredited and extensively trained therapists
- Free full consultation including outlined costs and expectations
- Skin type assessment and laser type suitability
- Correct laser practice and hygiene standards
- Comfortable and effective treatments
- Tailored packages to suit you
- Money back guarantee
- Lifetime warranty
- Maintenance treatment package

WHY YOU CAN TRUST *Nad's* laser clinic

Hair Removal Specialists

NAD'S HAS BEEN HELPING CREATE SILKY SMOOTH SKIN FOR WOMEN AND MEN SINCE 1992. AT NAD'S LASER CLINIC YOU CAN SEE THE BENEFITS FROM YOUR VERY FIRST TREATMENT OR IT'S FREE – THAT'S THE NAD'S LASER CLINIC 110% MONEYBACK GUARANTEE*.

Important observation: Nad's Laser Clinic is home to state-of-the-art Laser technology that is specifically designed and recognised around the world for its effectiveness in permanent hair reduction. Nad's Laser Therapists are highly skilled Diploma graduates, extensively trained and accredited Therapists. Nad's Laser Clinic is the trusted brand in Laser Hair Removal offering thousands of customers comfortable and effective treatments tailored to suit individual needs and budgets.

Nad's Laser Clinic will take the time and care to ensure you enjoy the maximum benefit from your treatments.

That's why you can trust Nad's Laser Clinic!

* Conditions apply. See instore for details.



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