

Laser Clinic Enquiry Checklist and Scorecard

It can be very confusing to select a suitable laser hair removal provider that will provide you with honest and appropriate advice on the best treatment to suit your specific needs, skin type and budget.

There are many types of equipment on the market that purport to be suitable for Laser Hair Removal. The fact is that a very large proportion of these devices were designed for beauty and skin treatments and lack the precision required for effective permanent hair removal as proven by clinical trials (ref to Laser VS IPL fact sheet [click here](#)).

A number of Laser devices such as light sheer diode lasers, ruby lasers etc, may be effective for hair removal however are old technology, slow and outdated. (ie light sheer diode Lasers have a 9mm coverage area vs Nad's 18mm spot size therefore Nad's Lasers are twice as fast).

Fortunately there are FDA approved Medical Grade Lasers designed to provide optimal treatments with exceptional results and are designed to deliver comfortable fast and effective treatments.

The provision of the treatment by highly skilled therapists trained in the use of these Medical Grade Lasers is also very important as its one thing to have the best equipment available yet another to know how to best calibrate and skillfully adapt the equipment to suit each client's specific needs.

Clients often don't know the right questions to ask or what is important for them to know when assessing a service provider, so we have prepared this simple questionnaire and scorecard for you to utilise as a tool when researching Laser Hair Removal providers.

Simply follow the below list asking the questions as they appear, write the score in the 'Actual Score' column using the 'Possible Score' as your guide. Add the Actual Score column to determine if the Clinic you have spoken with is able to provide you with value for your money and the service you need.

A professional specialist Hair Removal provider will rank between 12 to 16 (from a possible score of 16), any Clinic or provider ranking below this level will usually be heavily discounting their services and making promises that are simply too good to be true.

We suggest you exercise caution when dealing with these service providers as nothing is cheap if it doesn't work and worse, unskilled operators and inappropriate use of equipment could stimulate more hair growth (on some hormonal areas such as female facial hair) and even worse, cause burns or pigmentation. Specialist Laser Hair Removal is safe, fast, effective and tailored to suit your needs. If you are in doubt seek more information until all your questions have been answered.

We trust you will find this tool very useful when researching Laser Hair Removal and invite you to contact your nearest Nad's Laser Clinic on **1300 850 106** for complimentary assistance with your Hair Removal questions.

Kind regards

Nadine Ismiel
Research and Development Manager
Nad's Laser Clinics

Laser Question Checklist and Scorecard

Possible Actual
Score Score

<p>1. Do you use real Medical Grade TGA approved Lasers or IPL for Permanent Hair Reduction?</p> <p>a) IPL (or anything finishing with PL such a SIPL, VPL etc) – Thank them and proceed no further as IPL devices are not recommended for Permanent Hair Reduction and all questions below will be irrelevant (Click here to see IPL Vs Laser Clinical research findings)</p> <p>b) Real Medical Grade TGA approved Lasers</p>	<p>0</p> <p>1</p>	
<p>2. What type of Laser do you use? (Score one for each laser if both a) and b) are utilized)</p> <p>a) Candela Alexandrite Laser with DCD cooling device AND/OR</p> <p>b) Candela ND: Yag Laser with DCD cooling device OR</p> <p>c) Light Sheer Diode, Ruby, or any other device</p>	<p>1</p> <p>1</p> <p>0</p>	
<p>3. My Skin type is; (only Score once for your particular skin type)</p> <p>a) 1 to 3 (light complexion), what is the safest, fastest, most effective and comfortable laser for my skin type?</p> <p>i) Score 1 if they answer Candela Alexandrite Laser with DCD cooling device,</p> <p>ii) Score 0.5 if they answer Light Sheer Diode</p> <p>iii) Score 0 for any other laser or device</p> <p>OR</p> <p>b) 4 to 6 (darker complexion) what is the safest, most effective and comfortable laser for my skin type?</p> <p>i) Score a 1 if they answer Candela ND: Yag with DCD cooling device,</p> <p>ii) Score a 0 for any other device</p>	<p>1</p> <p>0.5</p> <p>0</p> <p>1</p> <p>0</p>	
<p>4. Who will provide my Laser Hair Removal treatments? (Score according to whom will be providing your treatments.</p> <p>a) Diploma Graduate Therapist with minimum 5 years skin therapy experience</p> <p>b) Registered Nurse who ONLY performs Laser Hair Removal treatments</p> <p>c) Physician who specializes in cosmetic surgery and not Laser Hair Removal</p> <p>d) Physician who specializes in Laser Hair Removal</p> <p>e) Beautician</p> <p>f) Non Diploma graduate or non-Medically qualified service provider</p>	<p>2</p> <p>2</p> <p>1</p> <p>2</p> <p>0</p> <p>0</p>	

Laser Question Checklist and Scorecard

Possible Actual
Score Score

<p>5. How many treatments will I need to achieve up to 90% permanent hair reduction?</p> <p>a) Less than 6 b) 6-8 treatments c) 8-10 treatments d) 10 or more</p>	<p>0 1 0.5 0</p>	
<p>6. How often will I need to visit on average? (Score for a response to each applicable area)</p> <p>Facial Areas</p> <p>a) 6-8 weeks* b) Less or more frequently than 4-6 weeks*</p> <p>Body Areas</p> <p>a) 8-10 weeks* c) Less or more frequently than 4-6 weeks*</p> <p>* A professional Therapist will usually provide only a guide over the phone however be wary of Therapists and Clinics claiming that permanent hair reduction treatments can be performed more frequently than 6 weeks apart and that claim less than 6 treatments over 12 months will achieve permanent hair reduction results. Additionally be wary of Clinics not prepared to provide a guide as to how many treatments may be required and over what period and frequency.</p>	<p>1 0</p> <p>1 0</p>	
<p>7. Do you provide a warranty with your treatments? (i.e. you want to know what will the Clinic do if the hair has not noticeably reduced after completing the course of treatments they have recommended)</p> <p>a) Yes b) No</p>	<p>1 0</p>	
<p>8. Would you classify your business as:</p> <p>a) A beauty salon b) A Day Spa c) A Cosmetic/Medical Surgery (offering Laser Hair Removal not IPL) d) A Laser Clinic providing a range of Laser treatments e) A Specialist Hair Removal Clinic (specialising ONLY in hair removal)</p>	<p>0 0 1 2 3</p>	
<p>9. How many years have you specialized in hair removal?</p> <p>a) 10 years or more b) 5-10 years c) Less than 5 years</p>	<p>2 1 0</p>	
<p>Total Possible Score is 16. A minimum acceptable score is 11. An Excellent score is 12-16</p>	<p>16</p>	